

**From:** [Dr. Alvin White Jr](#)  
**To:** [RulesCommittee Secretary](#)  
**Subject:** An URGENT request for me to AVOID exposure to COVID-19  
**Date:** Thursday, August 13, 2020 4:31:37 PM

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Since early this year, I've been vitally concerned about my health and my family's health. While I have no major under-lining conditions par se, I'm particularly sensitive to the current environment presented in this highly contagious environment.

The point is, in each of the scientific conversations and or instructions on this subject, an ounce of prevention is much better than a pound of cure. If members of my family and my associates would observe the principle of avoiding dangerous conditions, we would have one less issue to deal with.

We are purposely and religiously staying away from environments and conditions where the virus is prone to be, in abundance. This environment would certainly be the lobby of the USPO.

We are thankful for the availability, the opportunity and the effectiveness of electronic transmission as a viable, safe substitute.

Dr Alvin White Jr